



SÄPT

Swiss Medical Association for Psychedelic Therapy

# 2<sup>nd</sup> Nationwide Conference: Psychedelic-assisted Therapy in Palliative Care

Featuring expert lectures, clinical case analyses,  
and practical workshop sessions

## Target Participants:

Physicians, psychologists, nurses

## When:

6.–9. May 2026

## Where:

Kientalerhof

3723 Kiental

Please register/apply [HERE](#)



**PATTERN**

PSYCHEDELIC ASSISTED THERAPY  
TRAINING AND EDUCATION  
RESEARCH NETWORK

## About the conference

This conference brings together healthcare professionals, including psychedelic therapists with limited experience in palliative care and physicians who are new to psychedelic-assisted approaches. The conference is designed to create a shared learning space where participants can build a common language and understanding across both fields. It supports interdisciplinary exchange while providing a solid scientific and evidence-based foundation, alongside the development of practical skills applicable to diverse healthcare roles.

Set in the peaceful surroundings of the Kientalerhof in the Swiss Alps, the conference offers an environment that encourages reflection, dialogue, and experiential learning. Surrounded by nature, participants have the opportunity to step away from the demands of daily clinical practice and engage deeply with the material, their colleagues, and their own professional perspectives.

The program combines lectures, case discussions, small-group work, and reflective sessions to explore both the theoretical and practical aspects of psychedelic-assisted approaches within palliative care. Participants will examine current research, ethical considerations, therapeutic frameworks, and the potential role of these approaches in addressing existential distress, anxiety, and end-of-life suffering.

In addition to academic learning, the conference emphasizes personal integration, peer exchange, and the cultivation of compassionate, patient-centered care. By bringing together professionals from diverse backgrounds, it fosters collaboration and mutual learning, helping to build a growing community of practitioners interested in thoughtful, responsible innovation at the intersection of palliative care and psychedelic-assisted therapy.

For the organizing committee,  
Sivan Schipper & Helena Aicher

# Program

Wednesday, 6 May

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Time	Speaker	Topic
from 09:30		Arrival
10:15	Sivan Schipper, Helena Aicher	Start / Welcome
10:20		Opening Round
10:40	Dr. med. M.Sc. Sivan Schipper	Introduction – Foundations of Palliative Care
11:40	Helena Aicher, PhD	Introduction to Psychedelic-assisted Therapy (PAT) in Switzerland
12:30		Lunch
14:00	Helena Aicher, PhD	Phenomenology & Psychological Mechanisms of PAT
14:45	Dr. Fabian Winiger	Spiritual Care
15:45		Break
16:15	Prof. Dr. med. Christopher Böhlke	Evidence-based Palliative Care & PAT
17:15	PD Dr. med. Caroline Hertler	Ketamine in Palliative Care – Research and Clinical Implications
18:30		Dinner
Evening		Free / exchange / social

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# Program

Thursday, 7 May

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Time	Speaker	Topic
07:15	Stefan Lang, M.A.	Morning meditation
08:00		Breakfast
09:00	Dr. med. Beda Lüthi	Case Report from LPC Study & Discussion
09:45	Nina Schimmers, cand. PhD	PsyPal European Multicenter Study
10:45		Break
11:00	Bill Richards, PhD	Cultivating the Being of the Therapist
12:30		Lunch
14:00	Dr. med. Anke Röskamp & Helena Aicher, PhD	Contact & Movement
16:00		Break
16:30	PD Dr. med. Yasmin Schmid	Pharmacology of Classical Psychedelics & MDMA
17:30	Clara Acien, cand. PhD	Prosocial and Relational Experiences in Psilocybin-assisted Group Therapy for Patients with Cancer
18:30		Dinner
20:00		Movie: The Edge of Life

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# Program

Friday, 8 May

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Time	Speaker	Topic
07:15	Stefan Lang, M.A.	Morning meditation
08:00		Breakfast
09:00		Movie Discussion
10:15		Break
10:30	Dr. med. Michael Ljuslin	End of Life: Abolition or Transcendence of Consciousness – A Choice for the Future?
11:30		Break
11:40	Dr. med. Jonathan Häfelfinger	Case Report from LPC Study & Discussion
12:30		Lunch
14:30	Stefan Lang, M.A.	Death as a Feature of Existence - Basic Buddhist Principles in dealing with death and dying
15:45		Break
16:15	Dr. med. M.Sc. Sivan Schipper	Tonglen Meditation in the Context of Psychedelic-assisted Therapy in Palliative Care
18:30		Dinner
Evening		Free / exchange / social

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# Program

Saturday, 9 May

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Time	Speaker	Topic
07:00	Stefan Lang, M.A.	Morning Meditation: Contemplation on Death and Dying
08:00		Breakfast & Check-out
09:30	Prof. Dr. med. Christopher Böhlke	PAT for Patients with Wish for Hastened Death?
10:20		Break
10:30	Bill Richards, PhD	The Art of Navigation in Inner Worlds
12:00		Break
12:10		Consolidation / Final Round
12:30		Lunch

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## Workshop costs

- Sliding contribution between CHF 900 and CHF 1'500 at your discretion
- (+ board & lodge individually)

## Registration

- The number of participants is limited. Admission is by short application (in the registration form). For registration, please use the following **HERE** and fill in the form.
- In case of acceptance, we will send you a confirmation of your registration and the bank details for the transfer of the participation fee by e-mail.

**Language:** English

## Contact

For further information, please contact us at  
[wb-info@saept.ch](mailto:wb-info@saept.ch)

SGPP & SGAIM & palliative.ch credits requested



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## Accommodation & Meals

- Various options at Kientalerhof (see below)
- Hotel Bären Kiental (2 minutes walk)
- Pension Schöneegg (10 minutes walk)

If you book your overnight stay at Hotel Bären or Pension Schöneegg, please make sure to book your seminar daily rate (infrastructure fee, meals) at Kientalerhof (see below).

### Kientalerhof

#### Accommodation

##### ChieneHuus

Double rooms with private bathroom: CHF 178–238 per person/night

##### Kientalerhof

Single, double, triple, or shared rooms with private or shared bathroom: CHF 103–188 per person/night

Prices depend on room type and occupancy and are subject to change.

Full board included. Tourist tax: CHF 4 per person/night.

Check-in / Check-out

Check-in from 14:00

Check-out by 09:30

#### Meals

Full board is vegetarian. Vegan, gluten-free, and lactose-free options are available on request.

Fruit, tea, and water are available free of charge throughout the day. Additional snacks and drinks from the snack bar are available for purchase.

Meals that are not taken cannot be refunded.

### Participants staying elsewhere

pay an infrastructure fee of CHF 10 per day.

Meals (for participants staying externally)

Breakfast CHF 20

Lunch CHF 24

Dinner CHF 24

